

# MARIN COUNTY PSYCHOLOGICAL ASSOCIATION

A chapter of the  
California Psychological Association

On-line Newsletter, August, 2006  
Volume III, Number 4

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380-9985

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679-0997

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927-7566

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459-7707

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662-2388

## EDITOR'S COLUMN

**John Weir, Ph.D.**

President Joanie Gillispie announces (**P.11**) very good news; Beth Tabakin has “volunteered” to serve as President-elect! Rumor is she will continue to serve as Co-chair of both Continuing Education and Governmental Affairs. Her first official message is on **Page 12**. She does **not** divulge how she fits 24 productive hours each day into 16 waking hours. See **Page 3** to reserve your space for the Fred Luskin all day **6 Unit CE course** on October 14.

There is a new California record retention law (**P.2**). Check out the **Office Space** ads and the notices from our stalwart financial advertisers beginning on **Page 7**. Mark Kamena describes (**P.14**) a web course from CPA on **ethical decision-making**. Nancy Haugen tells us how (**P.15**) to become **Volunteer Faculty** at the UC Medical School. **I&R** says (**P.16**) “**Save the Date**”. Two requests from students for therapists and for dissertation subjects (**P.16**). And lastly, whew, two film reviews (**P.4&6**) for your leisurely enjoyment.

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### **Mission Statement**

The purpose of the Marin County Psychological Association is to promote human welfare through diffusion and utilization of psychological knowledge, to increase public understanding of psychology as a science and as a profession, to promote and maintain high standards of professional ethics, conduct, education and training of psychologists, to promote fellowship among psychologists in Marin County, and to cooperate with other professionals and lay organizations in achieving mutual objectives.

## **ARTICLES AND ANNOUNCEMENTS**

### **New Record Retention Guidelines**

Mark Kamena, Governmental Affairs

Congratulations to CPA on their recent legislative victory--the signing of the CPA-sponsored record retention bill. Governor Schwarzenegger signed AB 2257 (Assembly Committee on Business & Professions) on July 20, 2006. This bill passed the Legislature without a single NO vote

Beginning January 1, 2007, all licensed psychologists must retain a patient's health service records for a **minimum of seven years from the patient's discharge date or seven years after the patient reaches the age of majority**. Prior to the passage and signing of AB 2257, state law did not address the issue of record retention by psychologists in independent practices. CPA introduced this legislation in response to frequent and continuing comments from California psychologists regarding what were ambiguous and inconsistent private practice record retention requirements. This new state law, which specifically addresses patient records, will supersede other guidelines (this is specifically stated in the current APA Guidelines), and we think this provides an important clarification for psychologists.

**MARIN COUNTY PSYCHOLOGICAL ASSOCIATION  
PRESENTS:**

**FRED LUSKIN, Ph.D.**

Author of *Forgive For Good* co-author of *Stress Free For Good*

**Dr. Luskin will present a 6CEU\* workshop on**

**The Nature of Forgiveness,  
The Nine Steps For Learning to Forgive,  
The H.E.A.L. Method**

**10 Scientifically Proven Life Skills for Health and Happiness**

**9am-4pm, SATURDAY, OCTOBER 14, 2006**

**CORTE MADERA BEST WESTERN**

**Register early and save!**

By 8/15/06: \$125.00

By 10/01/06: \$145.00

By 10/13/06: \$165.00

On-site: \$185.00

**\$10.00 discount for MCPA members**

Price includes CEU processing fee, continental breakfast, beverages, and snacks.

For additional information on this upcoming event, call or e-mail:

**Beth Tabakin, Ph.D.**

**(415) 459-7707 drbetht@earthlink.net**

**\*This event is co-sponsored by the Spiritual Competency Resource Center.**

Spiritual Competency Resource Center is approved by the  
American Psychological Association to offer continuing education for psychologists.  
Spiritual Competency Resource Center maintains responsibility for the programs.

**Make checks payable to MCPA**

**Mail to: MCPA c/o**

**Beth Tabakin, Ph.D. 1036 Sir Francis Drake Blvd. Kentfield, CA 94904**

**Name & License #:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**E-mail address to confirm place in WS:** \_\_\_\_\_

Separate confirmation letters will not be sent by mail.

**SHRINKRAP ON FILM:  
A PRAIRIE HOME COMPANION'S INCONVENIENT TRUTH  
Sue Hulley, Ph.D.**

Something is going on at A Prairie Home Companion (PHC), something that's not supposed to happen. The show has been rolling on, an endless succession of Norwegian bachelor farmer stories and banjo picking interspersed with the occasional Guy Noir and Powdermilk Biscuit commercials, for as long as we can remember. Isn't this supposed to go on forever?

But no, PHC's got an inconvenient truth for us—death. Even gussied up in a white trenchcoat and pumps and polite as all get out, she's going to take her toll. Not only that—she's out after more than people. Heck, the whole show's doomed!

Garrison Keilor, teaming up with Robert Altman, is staging a mortality play. The two of them use a combination of star power as the “talent”—Meryl Streep and Lily Tomlin as a fading sister act, Woody Harrelson as a sexist cowboy guitar-player—and Keilor's longtime musicians and soundman as background context to populate the threatened show. Keilor also throws in some familiar life-defining passages for good measure—birth, death, and coming of age.

I guess we shouldn't be surprised that Keilor has reached the stage in his own development when he reflects on death. After all, he's been doing the show “forever”; over thirty years is an awfully long time, and he's not getting any younger. It makes sense that he would be pondering how everything dies, even men and radio shows.

Given that Keilor and Altman are masters of the cameo, it's also not surprising that the small moments tug at your heart and your sense of humor, sometimes simultaneously. I found my tolerance and sense of good taste challenged as well from time to time. I quickly tired of the slapstick portrayal of Guy Noir (Kevin Kline)--presented here as a “real character” protecting the show--and his step-on-a-rake schtick. And the scene where he seems to believe that the pregnant stage manager has just eaten too much, followed by one in which the two cowboy singers torment her, were squirm making for me.

Fortunately these moments were infrequent. Experiencing Meryl and Lily dishing backstage about their family members was worth the price of admission. Both of them showed their age (and perhaps more--they looked shopworn with a vengeance!), and their dialogue was studded with the ironic little twists Keilor loves (watch for the death-by-TV variation on the theme).

Not everyone has been charmed, however. Mick Lasalle of the San Francisco Chronicle was offended by the casting of Streep and the other stars as radio performers, criticizing Keilor for not faithfully reproducing his radio show.

I'm afraid that Mick is a bit unclear on the concept, for a number of reasons. The basic one is that Keilor didn't write the movie PHC as a replication of the original. The central premise of the film is that the radio show has never gone beyond Minneapolis. Instead, it's been hanging on in this old theater, attracting only a few

hundred people, for all these years. This PHC is just a mediocrity-filled relic of another era. I love it when Tommy Lee Jones, the born-again hatchet man for the big corporation which has just bought the theater, remarks, as he steps into the foyer to see the show, that he feels like an anthropologist visiting a remote tribe. There was a part of me that had to agree with him.

If you grant Keilor's premise, everyone is well cast. The backup musicians are obviously first-rate at their craft, while the stars are plausibly mediocre performers. Meanwhile, Keilor as the scriptwriter and lead must have had a lot of fun being able to realize fantasies which must have ripened during his many years of broadcasting. He violates good taste and political correctness in the bad-jokes song (as well as in the aforementioned pregnancy scenes). He also presents one of the ultimate live radio horror situations—the ex with a grudge and control over the mike.

I'm tickled by another aspect of Lasalle's problem with the show too. As humans, we have a strong tendency to believe that once we have labeled something, it exists in the way we see it. Lasalle falls for this in a big way with PHC, expecting the movie to be "faithful" to the radio show, and indignant when it differs from the "original."

Actually, the radio show isn't necessarily the original of anything else, because what Mick forgets or overlooks is the all-important fact that Garrison Keilor is the creator here. This means that it's up to Keilor to decide what he wants this PHC to be each and every time he creates it!

In fact, it's kind of funny that Lasalle is doing what critics often do, which is to explicitly or implicitly defend the author of the original book or whatever. It is as if the critic is saying, "Look what you did to his book, you Hollywood sleaze!"

The problem with this scenario is that in this case, Garrison Keilor himself is the original author AND the sleaze who wrote the screenplay. Not only that—he even stars as himself, totally depriving Mick of a victim to defend!

Mick has a chance to learn that labeling things doesn't make them anything other than something we have labeled. So Garrison Keilor can create a movie PHC without betraying anything, because PHC is only the name of something created by Garrison Keilor, not the gold standard against which anything else by that name by Keilor is to be measured.

But I mentioned that there were "reasons" that Mick is unclear on the concept. Another one is, as Bill (my partner) reminds me, that the original PHC is NOT a radio show—it's an imaginary radio show! So Mick is expecting the next version of an imaginary radio show with the name PHC to be the same as the original imaginary radio show! Bring on the hall of mirrors!

PHC and its reviews reveal two inconvenient truths—everything changes and dies; and nothing is really the way we see it in the first place. These are more than inconvenient! Maybe I should have entitled this, "A Couple of Really Alarming Truths." Compared to these, global warming IS inconvenient. It's worrying, but not a deal-breaker like death and our expectation that some things will never change.

However, we do have the option of coming to terms with what we don't like. Keilor seems to have done so in his own fashion, recognizing the inevitable without making a drama out of it, meanwhile cherishing the ordinary moments while they last. And he's given us these moments to treasure as well. Maybe he doesn't take us for boobs after all! Check it out....

### **A Film Review of *Adaptation***

Don Kreppel

This film, written by Charlie Kaufman and directed by Spike Jonze, is a gem to be tracked down tout suite. Playing on the various connotations of the title, Kaufman brilliantly weaves together several storylines to illuminate just how this movie made it to the silver screen. Or maybe not, maybe it's just about a book, which does exist, and how Kaufman took that book and created this incredible tale around it, like only he can. And for those of you who thought *Being John Malkovich* or *Eternal Sunshine of the Spotless Mind* were too "out there", fear not, this story does not require you to suspend nearly as much of your disbelief. An open mind is all that is necessary. (Though you can "Google" an early version of the script and see how Kaufman had to part with some of his trademark quirks. There's a swamp monster in the first version.)

*Adaptation* walks the tightrope between reality and fiction like no other film I have seen. And as the story unfolds, that line gets progressively more obscured. Kaufman writes himself as the protagonist, who is played by Nicholas Cage. The film is about a real book, *The Orchid Thief*, by a real author, Susan Orlean, about a real person, John Laroche. But aside from that, and a real life screenwriting lecturer, named Robert McKee, played by Brian Cox, it is almost impossible to tell what else about the narrative is true. Even the credits are erroneous. They state that the screenplay is in fact written by Charlie and Donald Kaufman, his fictitious twin brother, also played by Cage.

Cage crafts these flip sides of the same coin in such a convincing way, Charlie with his painful social awkwardness and Donald, with his carefree, comedic nincompooperie, a comprehensive study of their sibling dynamic would be fully engaging. But it is the character of John Laroche, portrayed with such complexity by Chris Cooper, who really shines in Kaufman's script, garnering Cooper an Academy Award for his effort. Cage and Meryl Streep (Susan Orlean) were also nominated for Oscars. A front-toothless horticulturalist, Laroche is a sympathetic, self-righteous simpleton who slowly reveals himself to a writer for the *New Yorker*, Orlean, who has taken an interest in his Orchid hunting. The more she learns about him, the more enamored of him she becomes. Ultimately, she writes a book about Laroche and it is this book that Kaufman must adapt once it is optioned by a major movie studio. Kaufman can barely keep his insecurity and self-loathing at bay long enough to get through the meeting with the attractive studio executive about the project.

Kaufman’s unquiet mind is in a state of perpetual self-analysis. Through heavy but effective voiceover, which also opens and closes the film, an inner turmoil is revealed where Kaufman contemplates happiness, health, change, desire, disappointment and many things in between as they relate to the action of the story. As he struggles to adapt the unadaptable, Kaufman becomes overwhelmingly frustrated with the blank page and the innumerable wrong choices he’s made along the way. Conversely, we see key moments of inspiration and the process of creativity once the working wheels start turning again. For aspiring writers, he is truly a compelling case study.

We know life’s big questions are always answered in the movies and Adaptation pretty much takes a crack at all of them, focusing largely on issues of identity and our ability to effect change, internally and externally. The cleverly layered subtext allows for something new to be gleaned with every repeat viewing. And with the unpredictable character arcs and prophetic plot points, just watching the storyline unfold, especially for the first time, is an experience to be savored. Pop that corn and enjoy.

**ADVERTISEMENTS**

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**Therapy Groups for Therapists**

On-going since 1984. Long-term psychodynamic orientation. Open to mental health professionals and trainees. Current openings, Mornings, San Francisco and San Rafael, Led by Art Raisman, Ph.D., Licensed Psychologist (PSY7795); Assistant Clinical Professor, UCSF Dept. of Psychiatry; Past President, Northern California Group Psychotherapy Society, 415-453-4271

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**Adult Psychotherapy Groups**

On-going since 1990. Long-term, Psychodynamic, for men and women. Current openings, Evenings, San Francisco. Led by **Art Raisman, Ph.D.**, Licensed Psychologist (PSY7795); Assistant Clinical Professor, UCSF Dept. of Psychiatry; Past President, Northern California Group Psychotherapy Society, **415-453-4271**

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**Community Institute for Psychotherapy**  
**1330 Lincoln Avenue # 201, San Rafael, CA 94901, (415) 459-5999 x 101**

**Referrals Welcome.** Beginning September 2006, CIP will have openings for client referrals, including for psychological testing, couples therapy, and eating disorders treatment. General low-fee counseling for families and individuals also available. Phone (415) 459-5999 ext. 102.

**Professional Development Program: October Events**

“Attachment: Six Week Study/Consultation Group” with Linda Graham, MFT. Wednesdays, 11 a.m. to 1 p.m., beginning October 4, 2006. CIP Members: \$180; non-members \$200. Twelve CEUs. CIP 1330 Lincoln Avenue, # 201, San Rafael.

“Finding Meaning in Psychotically Organized Mental States: An Analytic View” with Philip M. Alex, PhD, Fridays, 12:00 to 2 p.m., October 13, 20, and 27, 2006. CIP Members: \$50; non-members \$60. Six CEUs. CIP 1330 Lincoln Avenue, # 201, San Rafael.

“What Is He Thinking? A New Theory of Male Sexuality” with Michael Bader, DMH, Saturday, October 14, 2006, 9:00 a.m. to 4 p.m. CIP Members \$100 before 9/29; \$120 after. Non-members \$120 before 9/29; \$140 after. Six CEUs, certificate included. Town Center, Corte Madera.

For a full schedule of our 2006-2007 offerings, to register, or to become a CIP member, visit [www.counselingcip.org](http://www.counselingcip.org), or phone (415) 459-5999 ext. 101.

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**Announcements from Beyond Hunger**

For more information: (415) 459-2270 [www.beyondhunger.org](http://www.beyondhunger.org)

Email to [info@beyondhunger.org](mailto:info@beyondhunger.org)

NOW ACCEPTING RESUMES for a licensed male therapist to be trained to co-facilitate a 16 week support group for men with food and weight issues. Starting in September. IT’S NOT ABOUT FOOD Two Day Workshop for adults with Carol Normandi, MFT and Laurelee Roark, CCHT August 4<sup>th</sup> from 6:00 pm -9:30 pm & August 5<sup>th</sup> 9:00 am – 4:30 pm. Cost \$225. Workshop is educational and experiential and will cover topics of body acceptance, intuitive eating & emotional wisdom from book titled *It’s Not About Food*.

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**FAMILY SERVICE AGENCY OF MARIN**  
**Psychotherapy Groups**

**PACE** - Harm reduction group for dually diagnosed adults.

**RELAPSE PREVENTION** - On going and drop in groups at homeless shelters for adults and parents in recovery.

**LATINO MEN IN RECOVERY** - Spanish language support group for Latino men in recovery.

**RECOVERING TOGETHER** - Group for adults in early recovery to develop inner resources to remain clean/sober and increase connection to self.

**WOMEN'S RECOVERY** - Support group for women in recovery.

**CHILD AND ADOLESCENT GROUPS** - Social skills for boys and girls coping with trauma.

**WOMEN SEXUALLY ABUSED AS CHILDREN** - Support group for adult women coping with childhood sexual abuse.

**MIND OVER MOOD** - 8-week CBT based program using the Mind Over Mood workbook.

**LOVING SOMEONE WITH MENTAL ILLNESS** – Support group for partners of people with severe mental illness.

**For more information contact Diane Suffridge, Ph.D., 415-491-5700**

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**Esalen® Institute & The Orgonomic Institute**  
**Of Northern California Present:**  
**The Fundamentals of Wilhelm Reich's Orgonomic Therapy**  
**November 12-17, 2006 – Big Sur, California**

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Learn the powerful, complimentary therapeutic interventions of character analysis and direct work on the body's muscular "armoring" to release patients' chronically blocked emotions, relieve somatic symptoms, and reconnect them to their authentic selves. This workshop for qualified health practitioners includes didactic presentations on the therapeutic relationship: attunement, confrontation, and humor; the orgonomic theory of organismic pulsation; character-analysis: diagnosis and treatment; Reich's theory of physical intervention/muscular armoring and respiration; the therapeutic frame; working with negative transference; and integration of teachings from Carl Jung and others into an enhanced skill set.

Experts in Reichian Therapy teach this experiential course. C.E. credits available.

For information visit [www.orgonomictherapy.com](http://www.orgonomictherapy.com), call

Dr. Patricia Frisch 415-388-0622, or contact Esalen at [www.esalen.org](http://www.esalen.org).

## Office Space

Free advertisements are available to MCPA members in the sections "Office Space Wanted" and "Office Space Available". Each free advertisement must include your name, be no more than four lines of text in 12pt, Times New Roman font, and sent as an email MSWord (.doc) attachment to [DrJohnWeirEmail@aol.com](mailto:DrJohnWeirEmail@aol.com). Larger office space ads and all other ads continue to require payment according to the existing schedule described at the end of each newsletter.

## Space Available

**San Francisco:** Lovely office in Pacific Heights Victorian. Secure building. Available Mondays, Wednesdays and Fridays. Contact: Dorothy McQuown, Ph.D. (415) 929-7027

**Corte Madera:** Tu, Th, & Fri from 1:30 PM on. Suite of two consulting rooms and waiting room. Modern, well-maintained office building. Off street parking, convenient to 101 and bus routes, wheelchair accessible. \$150 per day, will consider reduction if all three days are taken. Saturdays and Sundays are negotiable. Sue Fleckles at 927-7566.

**Corte Madera:** Large office in 3-office suite. Waiting room with signal lights & kitchen/storage area. Easy 101 access and parking. Wheelchair accessible. Available Tuesday all day & evening, Friday until 5 p.m., Monday & Wednesday mornings. Monday afternoon & evening possible in September. Diane Suffridge 415-485-5779.

**North San Rafael:** Two attractive psychotherapy offices--one fulltime (share lease at \$576), the other part-time (at \$150 per day). Phone room, waiting room, utilities included. Easy access to 101, transportation. Congenial colleagues. Call Sue Hulley, Ph.D. at 331-9543.

**Central San Rafael:** Part-time in large, light, furnished psychotherapy suite. Huge playroom with water, 4 sand trays, hundreds of figures, 2 doll houses, many toys and games. Copy machine, bathroom, coffee, refrigerator and microwave in suite, private waiting room with signal lights. Wheelchair accessible. Nancy Olesen 415-457-1236.

**Central San Rafael:** sublet Wed, Fri and/or Sat. Reasonable rent. Best for work with individuals and couples. Windows face quiet residential side street. Recently remodeled. Tastefully furnished. Private waiting room shared with one other office. Parking onsite

**Kentfield**, part-time in large furnished psychotherapy office ideal for play and talk therapy. Sand tray, toys, games, and doll house are easily accessible yet out of sight. Shared waiting room with pt arrival indicator lights. Pvt bathroom, kitchen area and secondary exit. Plentiful parking. Please call Corey or Brenda Bercun (415) 927-4839.

**Mill Valley** at 650 E. Blithedale Ave. A suite: 3 offices and waiting room. Available Monday through Friday. Beautiful location, easy freeway access and parking. Randy Rand, Ed.D. (415) 383-9586

**Mill Valley** office available Mondays, Wednesdays, Fridays, Saturdays. Large, light, quiet, attractive, Mt. Tam view, parking. Alan Ruskin, Ph.D., (415) 388-5526

### **Space Wanted**

**Novato:** Part-time office sublet wanted in Novato. Corey Bercun, Ph.D. (415) 346-8640  
[CoreyBercun@Doctor.com](mailto:CoreyBercun@Doctor.com)

### **President's Message** **Joanie Gillispie, Ph.D.**

Hope this Newsletter finds you all enjoying summer. MCPA is happy to announce that Beth Tabakin, former chair of the Continuing Education committee, is now our President Elect. We (especially me) look forward to her energy and vision. I'm going where there is much history, ancient culture, and no accoutrements of modern life: a small village in the Andes. It's the antidote to seditariness and the myopia of a mid-life working professional. I'm excited about the opportunity to expand my awareness and experience something very different from life in the Bay Area. I'll keep you posted. Don't forget to save the dates for our Fred Luskin workshop (Oct 14 in Corte Madera), the MCPA Membership Meeting (Oct 25 at Piatti's restaurant in Mill Valley), and the Holiday Party (Dec 8) in the Novato home of Paula and Mark Kamena.

**President-Elect**  
**Beth Cooper Tabakin, Ph.D.**

I hope your summer is going well, and that you are enjoying yourselves. I would like to announce a wonderful opportunity to get involved with MCPA.

Anyone wishing to get involved, please contact me and we can talk the potentially fun, pleasant and satisfying experience.

I accepted the request to step in as President-Elect due to the unexpected vacancy. Upon approval by the MCPA Board, I became the new president to be. So, what would motivate me to accept this position? The following words come to mind:

Psy\*chol\*o\*gy the science of the mind or of mental states and processes

Par\*tic\*i\*pa\*tion 1. The act of participating. 2. The state of being related to a larger whole.

My role for the last two years has been to arrange continuing education credits for psychologists, nurses, social workers and marriage and family therapists. Offering continuing education credits insures the quality of MCPA's programs through the detailed approval process involved. Our dinner-speaker meetings were sold out and received excellent reviews. The successful meetings allowed colleagues and old friends to meet and exchange information and hugs. I especially appreciated the friendly exchanges and feelings of commonality amongst my fellow clinicians. Through David Lukoff, Ph.D. and the Spiritual Competency Resource Center (SCRC) MCPA will be able to continue to offer CEU credit for next year's approved workshops. This year will present many opportunities to get involved. Maybe **you would like to participate** in Leadership and Advocacy Day in Sacramento; or facilitate disaster response help with Nancy Haughen, Ph.D.; or learn more about stress reduction and forgiveness with Fred Luskin, Ph.D. October 14, 2006; or arrange for a soiree or speaker of your choice? Any and all ideas are welcome. Join me and make this a time of participation in our field of psychology. Help continue the standards so finely set by the dedicated officers that came before me.

Call (415) 459-7707 or e-mail me @ [drbeth@earthlink.net](mailto:drbeth@earthlink.net) today. I look forward to hearing from you.

**Minutes of the MCPA Board Meeting, 7/05/2006**  
**Ann Buscho, Ph.D.**

PRESENT: Mark Kamena, Keith Sutton, Joanie Gillispie, Ann Buscho, Fred Rozendal, John Weir, Nancy Haugen, Roberta Seifert, Sue Fleckles, Stacey Rodgers, Grace Rogers, Beth Tabakin

ABSENT: Christine Gazulis, Bethany Miller

EXCUSED: Sylvia Mills

1. Call to Order & Review Agenda: Joanie Gillispie opened meeting at 7:20 p.m.
2. Minutes from last meeting approved. Sue Fleckles moved, Joanie Gillispie seconded, M/S/P
3. EC thanked President Joanie Gillispie for bringing dinner to tonight's meeting.
4. Discussion of menus, venues and costs of Business meeting, October 25<sup>th</sup>, 2006. Dinner will be held at Piatti's. Flyers will be mailed with annual ballots. Cost to members-attendees will be \$35 per person. Fred Rozendahl wrote a check for \$700 for this event. The Holiday party (December 8<sup>th</sup>, 2006) details will be worked out by Mark Kamena and Beth Tabakin. Costs to attendees is \$25 per person. Additional costs will be paid by MCPA budget.
5. Beth Tabakin has agreed to step in as President-Elect. Sue Fleckles moved, Mark Kamena seconded M/S/P.
6. Joanie Gillispie announced that Vicki Bloom, a new member, has offered to join the newsletter editor in putting out the newsletter. Discussed Chapter representative to the CPA Board of Directors needs. Mark Kamena will "term out" in 2009 and Beth Tabakin is the current alternate. Beth is in the process of deciding whether she can to both the presidential rotation and also be the alternate Director. Someone needs to understand the position and be willing to liaison with CPA.
7. Nancy Haugen announced openings for psychologists as "volunteer faculty" at UCSF. Cases are presented to medical students in groups of six in a team with a physician. This will be announced through the listserve. Regarding Disaster Mental Health, Nancy is planning presentations to clinical professionals in the community on Disaster Mental Health.
8. Grace Rogers called Jared Huffman, new Assembly representative for Marin County and Southern Sonoma County, to invite him to one of our events and to put MCPA on his radar screen. Discussed a format, such as inviting him to stop by one of our functions. Grace will follow up with another contact to him.
9. Fred Rozendahl reported on the budget, which is solidly in the black. Only one more major expense remains in this current fiscal year. Memberships dues are very strong now. We will exceed our budget this year on the yellow pages ad, as the cost just went up significantly. Discussion of yellow pages and telephone costs, tabled until next meeting.
10. Mark Kamena presented his report on Government Affairs. It is noted that CPA's link on their website to MCPA website is not currently working. Mark will follow up with CPA about this. Discussion was raised concerning a person in Marin (not a member of MCPA) who has been representing herself as a psychologist to the community. Silvia Mills will be asked to make a courtesy call to this person.
11. Keith announced that the student event was well-attended and a success, with about 18 attendees. Committee also thanked him for setting up the list-serve.
12. At our next meeting Beth Tabakin will bring in four items to prepare for mailing: ballots, membership renewals, announcements for annual business meeting and holiday party. Fred Luskin event, October 14<sup>th</sup>, will be of interest to non-clinicians as well as clinicians. There is space for 90 attendees. Keith will send out the

announcement to AFTNC and SFPA, and he will send an AFTNC announcement to our list-serve as well.

13. EC discussed how to make service on the board more fun and how to prepare newcomers to contribute to MCPA's functioning.
14. Deadline for next newsletter is the end of July.
15. Membership: Roberta Seifert reported that we have 123 members now.

NEXT MEETING: Wednesday, September 27, 2006 at 7:00 p.m. in San Rafael.

Meeting adjourned at 9:07 p.m.

Respectfully Submitted,  
Ann Buscho

**Governmental Affairs/CPA Board**  
**Mark Kamena, Ph.D.**

Jan Sonne, Ph.D. and the California Psychological Association Ethics Committee have published a web only educative paper entitled

“How to Avoid Doing What You Ordinarily Would Not Do and Causing Harm: Ethical Decision-Making in Professional Practice.”

This paper is available to CPA Members only, and can be accessed at the Members section of the CPA Website at <http://www.calpsychlink.org/cgi-shl/twserver.exe/run:main>

For further information and to learn how to consult with the CPA Ethics Committee read the article in the new issue of the California Psychologist, California Psychological Association Ethics Committee: A New Mission. In that article, Michael Donner, Ph.D., describes how to consult with the Ethics Committee, a benefit available at NO COST, to all CPA members. You may also contact the Ethics Committee by calling the CPA Central Office at (916) 286-7979.

### **Treasurer's Report** **Fred Rozendal, Ph.D.**

As of July 22, 2006, MCPA has \$21,142.64 on hand.

Using the MCPA year (Nov. 1 to Oct. 31), we are currently nine months into the MCPA year. We have taken in \$14,638.45 to date and spent \$12,878.80.

We have three large unreimbursed expenses in the remainder of the year of about \$1350 for telephone and \$3000 for developing a web site. All told we anticipate spending \$2600 more than our income in the present year.

One other financial investment (income and expense) is a continuing education program this fall.

If you want a more complete copy of the MCPA budget, please contact Fred Rozendal.

### **Disaster Response** **Nancy Haugen, Ph.D.**

Volunteer Faculty experience is available at UCSF School of Medicine. If you would be interested in working with first year medical students and follow them for 3 years (or 4 if the group gels), please email or call me so I can give you details. Basically, every fall, UCSF creates small groups (six students and two facilitators one of which is a physician and the other often times a therapist or other non-physician category) where the students learn how to take a medical history, how to meet patients, how to deal with the people-side of medicine and the personal side of themselves. The small groups meet on Tuesday or Thursday afternoons. The groups are 2 hours long and meet approximately every other week during the school year. It is more than rewarding to come to know these exceptional students and watch them grow. I have done it for three different rounds and am still in touch with all the students. You can put Volunteer Faculty on your resume for this work. Email is [nancy@haugen.com](mailto:nancy@haugen.com) and my phone is 415-492-1171.

### **Membership Report** **Roberta Seifert, Ph.D.**

I would like to welcome a new Student Member, Vicki Carr Bloom.

**Information and Referral**  
**Bethany Miller, Psy.D.**

**SAVE THE DATE!**

The annual I&R meeting will be held on November 3rd at the Corte Madera Town Center from 6:30-8:30 P.M. Current I&R members will receive a renewal packet in the mail in September. Please contact Bethany Miller (518-7999) if you would like to join I&R for 2007. I&R is open to licensed psychologists who have been a member of MCPA for at least one year.

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**Announcements Addendum**

Looking for: A therapist comfortable with severe mental illness who is willing to donate time. I am a student at Alliant International University, working on my dissertation. I will be interviewing clients with severe mental illness in the San Francisco area, and need to provide them with the name of a therapist they can have a session with (free to the client) should they need it after the interview. I could reimburse for the time. Please contact Genica at 831-588-1874.

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My research begins this coming Saturday, and I need one more participant! If you would forward the following message (again) to any women you know who might qualify, I would appreciate it *very* much. Thank you.

I am seeking women to participate in a study of the experiences women who have ceased their menses for at least one year, but no more than three years. Involvement consists of a commitment to three Saturday meetings, July 29th and August 5th from 10 am – 2 pm and September 9th from 10 am – 1 pm. All events will take place in a beautiful *air conditioned* home in Novato. There is no cost to the participant. Food will be provided.

Participation in this group project will include taking part in art activities, transformational rituals, journal writing and group sharing – all designed to be an enjoyable and insightful exploration.

If you are interested – or if you know of someone who might be interested – in exploring this new phase in life and collaborating in this research, please call or email me for more information and a 20 minute screening interview: Diane Soash 415.924.5556 or email: [dianesoash@mac.com](mailto:dianesoash@mac.com).

Please feel free to forward this email to anyone you know who might be interested in participating.

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**From the Editor:**

The *Marin County Psychological Association* Newsletter is published electronically bi-monthly and welcomes articles and opinions related to the practice of psychology. If possible, submit your advertisement and /or article as an email attachment in Microsoft Word to [DrJohnWeirEmail@aol.com](mailto:DrJohnWeirEmail@aol.com)

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**Deadline for October Submissions: September 29, 2006**