

MARIN COUNTY PSYCHOLOGICAL ASSOCIATION

A Chapter of the California Psychological Association

2008 Officers

On-line Newsletter, April, 2008
Volume V, Number 2

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EDITOR'S COLUMN

Laura Cabanski-Dunning, Ph.D.

Greetings, Friends and Colleagues. Hope you are all enjoying our intermittent spring weather. **Sign up now for the next excellent MCPA Dinner Speaker event on Friday, May 2nd at San Rafael Joe's, with speaker Madeline Feingold, Ph.D (see page 13).** Also on near horizon are the **Second Annual Disaster Response Workshop** (p. 5) and the next **MCPA Members' Soirée** (p. 12). I highly recommend reading Raja Hornstein's article about MCPA's website and various message groups (p. 6) if you are among those of us who are technically challenged. ☺

Next MCPA Newsletter Deadline for submissions: Friday, June 20, 2008.

Please email your newsletter submissions to: MCPAnewsletter@verizon.net



DATES TO REMEMBER

- Fri. May 2:** D/S event: Madeline Feingold, Ph.D. San Rafael Joe's, 6pm (p. 13)
- Fri. June 13:** MCPA Board Meeting
- Sat. June 14:** Disaster Response Workshop, 9am-1pm, Corte Madera (p. 5)
- Fri. June 20:** MCPA Soirée, Mark Schiller, M.D., 7-9pm, location TBA (p. 12)
- Fri. August 8:** MCPA Board Meeting
- September / October:** Annual MCPA 6 CEU Event (date and speakers TBA)
- Fri. October 10:** MCPA Board Meeting
- Fri. December 5:** Holiday Party, San Rafael Joe's
- Fri. January 9, 2009:** Annual MCPA Business Meeting, San Rafael Joe's

Table of Contents

<u>Page</u>	<u>Author</u>
1 Editor's Column.....	Laura Cabanski-Dunning Ph.D.
2 President's Message.....	Beth Cooper Tabakin, Ph.D.
4 President-Elect's Message.....	Claudia Perez, Ph.D.
4 Treasurer's Report.....	Fred Rozendal, Ph.D.
4 Governmental Affairs / CPA Report.....	Betsy Levine-Proctor, Ph.D.
5 Disaster Response Report.....	Nancy Haugen, Ph.D.
6 Web Report.....	Raja Hornstein, Psy.D.
7 Membership Report.....	Dan Kalb, Ph.D.
7 CLASP Report.....	Dan Kalb, Ph.D.
8 Shrink Rap: Foyle's War.....	Sue Hulley, Ph.D.
10 Guess what Happens to Your PsychoEd Reports?.....	Patricia Holden, M.A.
12.....	ANNOUNCEMENTS
14.....	COMMUNITY OUTREACH
15.....	ADVERTISEMENTS
18.....	OFFICE SPACE WANTED / AVAILABLE
20.....	NEWSLETTER SUBMISSION GUIDELINES AND ADVERTISING RATES....

Mission Statement

The purpose of the Marin County Psychological Association is to promote human welfare through diffusion and utilization of psychological knowledge, to increase public understanding of psychology as a science and as a profession, to promote and maintain high standards of professional ethics, conduct, education and training of psychologists, to promote fellowship among psychologists in Marin County, and to cooperate with other professionals and lay organizations in achieving mutual objectives.

President's Message

Beth Cooper Tabakin, Ph.D.

Call for student involvement.....you are our future!

What was....Is

What is.....Shall be

More student members can help change history.

The Sacramento 3 day training in Leadership and Advocacy helped sprout new ideas to increase the importance of the presence of psychology in the mental health system. Advocacy to increase the understanding of what differentiates psychologists from other mental health disciplines will help inform consumers to make choices that are appropriate for their issues. My group brainstormed about how to increase associate membership for the purpose of integrating and educating each other about what services each of us provides and how we can work together for the mutual benefit of all. I noticed that the loudest group was composed of all students who had refreshingly creative ideas. I look forward to witnessing their success.

In thinking about Leadership and Advocacy, I believe in leading by following and together bringing our organization to the next level, and growing in a positive direction. As president of MCPA, one of my goals has been to inspire and coach new leaders and together work for the good of the whole. Bringing it all together, I am calling for student involvement. **Students who join MCPA get their first year for free!** As MCPA members, please share this with any psychology students in Marin. The teacher is the student; the student is the teacher. I welcome new students and teachers.

I deeply believe that people who play together create functional relationships.

Fun Raiser's Are Coming.....

What have you done this week to reduce your stress and maintain personal, professional and spiritual balance? Is anyone interested in attending a game night? Scrabble? Cards? Boggle? If this interests you, please email me: drbetht@comcast.net.

If I get enough responses, we'll set up the evening to play.

Angel Island?

MCPA will plan a weekend day to host the first annual MCPA Company Picnic. Invited attendees will include anyone whose company we enjoy. Stay tuned..... If you would like to be on the planning committee, please email me: drbetht@comcast.net.

The MCPA board meeting held Friday, April 11, 2008 lasted over 3 hours! I called an end to the board meeting several times, but we kept talking and coming up with new ideas. We ate, laughed, planned, and committed to continue setting up soirees, advertising the CEU events, and thinking of new ways to network and socialize. Who ever thought that being on a board would be inspiring and fun?

NEWS FROM SACRAMENTO REGARDING MANDATED COURSE

Dear CPA Members,

I wanted to share with you all some excellent news. Our super staffer, Amanda Levy was able to have psychology "amended out" of the currently proposed bill that would require CE on Suicide Assessment and Prevention. The argument we provided (that psychologists already receive this kind of training in their doctoral programs and are well prepared to deal with this issue) made all the difference. The bill will move forward with a requirement that Master's level disciplines be required to receive this additional training. Special thanks also to Dr. Falender and Dr. Newman for providing us with information regarding our current training programs. Though we certainly have the option to take this as a CE, it will not be mandated for our profession largely due to the efforts of Amanda Levy. A big thank you to all those involved!

Regards, Michi Fu

CONGRATULATIONS TO A COLLEAGUE

From: Nora J. Baladerian, Ph.D.

May I share my good news? Last week, prior to the beginning of THIS week, National Crime Victim's Recognition Week, I was invited (with a guest) to Washington, D.C. To be honored with receiving the National Crime Victim Services Award from the U.S. Department of Justice Office for Victims of Crime. There are 8 categories of award, and there were 9 awards given this year, 2008. The award was to recognize my 37 years of focusing my efforts on sexual assault and other crimes perpetrated against children and adults with developmental and other disabilities, as well as those who have acquired disabilities (physical and psychological) as a result of crimes. I think it is important to share this news with you. I am thrilled to report this to you. It is quite an honor, and the presentation of the award was by John Gillis, Director of OVC, Assistant Attorney General Jeff Sedgewick, and U.S. Attorney General, Michael Mukasey. The week included a candlelight vigil on Thursday, to honor all crime victims, a private luncheon with the honorees, and the award ceremony, attended by several hundred persons. Today I will attend the Victim Rights Ceremony in Riverside, CA, where recognition of my work with Arc Riverside will occur. THANK YOU TO ALL OF YOU WHO HAVE SUPPORTED ME OVER THE YEARS. –Nora
Nora J. Baladerian, Ph.D.

Please visit www.doj.gov for more information, or visit my website.

CAN DO Project - Child/Adult Abuse & Neglect Disability Outreach Project
2100 Sawtelle Blvd. #204 , Los Angeles, CA 90025

Office: 310 473 6768; FAX: 310 745 2388; Accessline: 310 754 2388

Email: nora.baladerian@verizon.net

Website: www.disability-abuse.com

President Elect's Message

Claudia Perez, Ph.D.

Spring is here and I am comfortably settling into my role as President-Elect. I am slowly getting to know faces and names, getting the nitty gritty of the many basic tasks, but more importantly enjoying the connections I have made thus far. It excites me to believe that this is just the beginning. Our next Board Meeting is on June 13th and I whole heartedly invite those already involved, and those who want to come and listen and explore, and perhaps get invested into our great and growing organization. Each event or meeting I have attended thus far has had more energy and momentum than the last. I believe we are on the right path and I want to extend it in the form of giving back. Call me, let's have lunch, let's chat, and let's continue to create. I hope my motivation is contagious and that I can bring you along for the ride. This is a bug I am happy to pass along!

Treasurer's Report

Fred Rozendal, Ph.D.

As of Feb.9, 2008, MCPA has \$23,421.58 on hand currently.

At this half way point through the MCPA fiscal year, we have taken in \$15,420.26 and had expenditures of \$13,581.27, for a net profit of \$1,838.99.

We will be realizing a significant savings (more than \$500/month) shortly when we discontinue the expenses associated with I&R; we will be discontinuing our ad in the Yellow Pages and phone line. Monies saved will in part go towards developing our web site and increased governmental affairs work.

The remaining major financial investment (and risk) for this year will be our annual weekend program coming up this fall.

One record accomplishment is that we have not sustained a loss for the fiscal year on our dinner meetings to date; this is something we have never accomplished before in my five or so years as treasurer. Congratulations to the organizers of dinner meetings!

Governmental Affairs and CPA Chapter Representative Report: "How Are Disneyland and the State Capitol the Same?"

By Betsy Levine-Proctor, Ph.D.

No, the above is not an example of a new WISC item. Disneyland and the State Capitol are both locations of two events that were organized and presented by the California Psychological Association (CPA). As the MCPA Representative to the CPA Board of Directors, I will be reporting back to you about CPA events and other matters that are relevant to you.

From April 3-6, the CPA Convention was held at the Disneyland Hotel in Anaheim. One of the highlights of the Convention was the Awards Ceremony at which Drs. Miguel Gallardo, CPA President, and Jo Linder-Crow, CPA Executive Director, were presented with Mickey Mouse ears which they good-naturedly donned for photographs. On a somewhat more serious note, there were

continuing education presentations on the topics of happiness and difficult relatives happening to good people. An outstanding ethics panel with Drs. Behnke, Harris, Laureau, Vasquez, and Zur, structured around two complex clinical vignettes, provided clear direction and rationale as to proper resolution of these types of situations. There were many fine presentations as well as time to explore Disneyland, Disney World, and Downtown Disney or to lounge by the pool. The President's Welcome Fiesta for all attendees and families included good food, and a fine jazz band comprised of college music students. This convention made me proud to be a psychologist. Next year's Convention will be in Oakland in April.

The CPA Leadership and Advocacy Conference (LAC) was held the following week from April 13-15 in Sacramento. Dr. Beth Cooper Tabakin, MCPA President and I, MCPA Government Affairs Committee Representative, attended as did Dr. Mark Kamena, former MCPA President and CPA Treasurer. Each Chapter is invited to send representatives and a number of students attended as well. Much time and effort were devoted to leadership training and development of Chapter/CPA relationships. A reception was held for attendees and legislators. We all participated in training for visits which were scheduled for us by CPA at the Capitol with our representatives or their assistants. The Marin contingent of psychologists had visits with Carol Migden's and Jared Huffman's assistants, during which we presented CPA's positions regarding two important bills, Assemblyman Lowenthal's Health Reform bill and Senator Calderon's Licensed Professional Counselor bill. For information regarding these bills or other legislative matters, feel free to contact me at levineproctor@netscape.net.

During the LAC, we also observed a portion of the Senate Health Committee's hearings which are open to the public. The Capitol was crowded with groups of individuals, including physicians from the California Medical Association in their white coats, all there to be heard by their government representatives.

One very important matter has been raised and discussed at CPA Board meetings and was also presented at the LAC by Dr. Betty Sutton, Chief Psychologist for Practitioner Development of the California Department of Corrections and Rehabilitation (CDCR). The CDCR has approximately 30,000 patients in need of psychological services. A number of state-of-the-art hospital facilities are to be constructed in various locations outside of the prison walls with a total of 10,000 beds. Of this total, 50% are allocated for mental health treatment. There are currently 600 positions open for psychologists with options for part time, full time, or contractual arrangements. Full time salaries range from \$85,392. to \$107,160. with excellent benefits and promotion opportunities. Benefits include student loan forgiveness programs. After 10 years of employment, 50% of salary and 100% of health insurance costs are provided as lifetime benefits. Qualifications are: experience in clinical work including intake, treatment planning with a team, an interest in working with the severely mentally ill patient, an interest in forensics, and a willingness to attend continuing education events. The CDCR will hire pre-licensed clinicians and will provide job training. If you have an interest in exploring this professional opportunity, you should call 888-232-4584. Hiring workshops are being offered with tours of facilities.

Disaster Response Report

Nancy Haugen, Ph.D.

SAVE THE DATE!!! Saturday, June 14th from 9 AM to 1 PM will be the **Second Annual Disaster Mental Health Workshop**. This year will focus on what to do when situations occur which involve

individual or personal hard times – going over writing the professional practice will, what to do if the earthquake hits and you are doing therapy with a client, etc. Basic ways of dealing with a natural disaster (floods, fires, earthquakes, flu, etc.) will also be covered. The **Corte Madera Fire Department** will help by teaching you how to actually put out a fire in their parking lot plus making sure that you understand how to turn off water and gas in an emergency. Even if you think you know how to do all the above, it is vital that you get hands-on training every year so that in an actual emergency, you will just automatically respond. More details later. It will be held at the **Corte Madera City Counsel Chambers**. Hope to see you there.

One Minute Psychologist – Your Mental Health Survival: Coping After a Disaster and Beyond Disaster Building Resilience Cards available to you for only 5 cents a card. An important way to support your family, your clients, your community and your immediate neighborhood. Contact Nancy Haugen at nancy@haugen.com.

Web Report **Raja Hornstein, Psy.D.**

I've now been the Web Chair of MCPA for several months and I wanted to report on some changes to our web presence. **The first thing I tackled was the MCPA website:**

<http://marincountypsych.org>

which you should visit if you haven't already. As a matter of fact, **you should visit it regularly to check the calendar of events. You can print out forms to register for events directly from the website.** Tackling the website mostly meant going over it with a fine tooth comb, looking for glitches that had accumulated over several years. I also tried to change some of the functioning of the site to make it more user- friendly. I should be a little more forthcoming: when I say that I "did" something to the site, what I really mean is that I contacted our webmasters in Washington, John McKenzie and Chaela Sumner and they worked their magic.

Some of you may not know about the website's "**Find a Psychologist**" page, which is a benefit of MCPA membership. During a recent six-week period, there were 1655 searches for psychologists using this page. **It's a simple, free, way to get referrals and enhance your practice. Any member of MCPA who is a licensed psychologist and who carries adequate liability insurance can be listed at no charge.** Contact me at web@marincountypsych.org and I'll add you to the list.

There are now several ways the MCPA board can notify the membership of events and announcements. **Every member of MCPA is automatically a member of a Google group (unless you have opted out from all Google groups) and announcements are sent out through that group. You can also visit the group's homepage:**

<http://groups.google.com/group/marin-county-psychological-association-announcements>

to see an archive of past announcements as well as web pages and files that can be viewed only by the membership. I am working on moving all these features from Google to our own private membership website and mailing list.

There is also a Yahoo discussion group for MCPA: <http://groups.yahoo.com/group/MarinCPA/>. This group is not run by MCPA and I am not involved with it, but it provides a useful service to our members. Unlike our announcement list, which only has messages from the MCPA board, on the

Yahoo group you can post your own announcements, office rentals, practice openings, referral requests and topics for discussion.

The web can be a powerful way to make our work easier, to disseminate information about psychology and to grow our practices. The ways we can accomplish these tasks are limited only by our collective imagination. If any of you have any ideas for the MCPA website or for other aspects of our use of the internet, please let me know at: web@marincountypsych.org

Membership Report

Dan Kalb, Ph.D.

United We Sit

The following is a list of the 133 MCPA members who have paid their dues for 2008. Each of us knows psychologists who are not members. Please consider asking them to join. Invite them to check out our informative website: www.marincountypsych.org . Thanks.

Philip M. Alex, Brian Andres, Stuart Bacon, Victoria Beckner, Carolyn Bennett, Corey Bercun, Robin Berenson, Nina Berk Knox, Barbara Berman, Ann Bernhardt, Martin Block, Vickie Bloom, Christine Bouckaert, Alan Boyar, Ann Buscho, Laura J. Cabanski-Dunning, Joan Cartwright, Brian Clark, Deborah C. Clark, Tana Clark, Jacqui Coryell, Janice Cumming, Sharon Cushman, Mikol Davis, Claire de Andrade, Lauren Deldin, John Deri, Diane Donnelly, Bert Faerstein, Laura Fannon, Helga Fasching, Brianna Fava, Joel Fay, Sheva Feld, Sue Fleckles, Patricia Frisch, Allison Gaines, Julie A. Garrison, Christine Gazulis, William Gerwin, Josie Gibb, James K. Goetz, Rick Hanson, Andrew Harlem, Sandra Harner, Lynn Harris, Meghan Harris, Katie Hatch, Nancy Haugen, Sheryl Hausman, Nancy Hoffman, Patricia Holden, Annette Holloway, A. Raja Hornstein, Sue Hulley, Lynn Ireland, Daniel Kalb, Ruth Kalb, Mark Kamena, Lorraine Killpack, Mary Ann Yaeil Kim, Gretchen Kishbaugh, Jonathan Kopp, Karl Kracklauer, Ellen Krantz, Mary Lamia, Brigitte L. Lank, Robert Lasser, S. Margaret Lee, Kimberly Leicester, Betsy Levine-Proctor, Suzanne P. Lindenbaum, Avvy Mar, Jonathan Marlowe, Jeffery Martin, Beverly Matsuishi, Gail Matthews, Penelope McAlmond-Ross, Bethany Miller, Sylvia Mills, Queenelle Minet, Heidi Minnick, Shannon Mong, Danya Hayward Moss, Arna M. Munford, Paul Munford, Deb Nelson, Robert Nemerovski, Nicholas Nichols, Jaime Nisenbaum, Barbara Nova, Robin O'Heeron, Nancy Olesen, Claudia Perez, George Peterson, Arthur Raisman, Deirdre Rand, Randy Rand, Jodi Reiter, Denise Renye, Jennifer H. Rice, Lori Rifkin, Stacy M. Rodgers, Grace Rogers, Camerin Ross, Frederick Rozendal, Rachel Ruderman, Michele Saloner, Diana Sanborn, Barbara Sapienza, Roberta Seifert, Mark Sexton, Sandra Emma Shelley, Leslie Simon, Paula Sitelman, Diane Soash, Joan Sommer, Gary Stolzoff, Nicole Sucre, Diane Suffridge, Stephen Sulmeyer, W. Keith Sutton, Beth Cooper Tabakin, Carol Traeger, Marjorie Walters, Anna Weigel, John Weir, Julie Wolfert, Linda Zanobini, Mark Zaslav, Jane Zich

CLASP Report

Dan Kalb, Ph.D.

By all accounts participants really enjoyed the Steep Ravine hike. More of a nature walk than a hike, a band of MCPAers (with spouses and friends) ambled down a Mt. Tam hillside to a picnic at Stinson Beach. Mother Nature cooperated fully -- the weather was perfect, the creek babbled, and the wildflowers were in bloom. When a banana slug slimily crossed our path, the odd creature prompted a joke-filled debate as to whether it was the official California State Mollusk.* The best part of the outing was the pervading sense of bonhomie. Dressing in sweats and being outdoors fostered a warm informal geniality. The event will likely be repeated. If you missed it, make a mental note to come next year.

*So that we can all sleep at night, I have subsequently researched the matter: In the 1980s the proposal passed by majority votes in the Assembly and state Senate. Governor George Deukmejian, a man of somber mien, vetoed the measure, opining that it was frivolous, and adding that in any case, the abalone would have been a more appropriate choice.

**SHRINK RAP ON FILM:
FOYLE'S WAR: Foyled Again, & Again, & Again...**
Sue Hulley, Ph.D.

Well, happily, I have been Foyled... Of course, this was not my initial plan. As April 1st approached, I had a concept - *A Streetcar Named Desire* - and then we were given an extension on the newsletter deadline. A good thing, you think? Not for Streetcar. The latest version of it in these parts, at the Marin Theater Company, is leaving after April 20th, so there's no point in my talking it up on the 18th. Dang.

So this left me wondering about what priceless artwork to mangle with my insights this time. I decided in the end to fall back on a work in progress. Bill and I, along with two old friends, get together every few weeks to eat, talk, and watch movies—not necessarily in that order.

We're currently working our way through this fabulous (I'm not prejudiced, of course) series. Set along the south coast of England through World War II, seventeen episodes follow Detective Chief Superintendent Christopher Foyle, played by Michael Kitchen, through to VE Day.

What I love, though, is that we actually feel we are accompanying the English through the War. Anthony Horowitz, Foyle's creator, intended things this way. Having created *Midsomer Murders*, a more or less standard "whodunnit" series, he decided that this time he would "put the detective series against something really big, something major like the Second World War." Horowitz felt that doing this would mean that "the murder will become always the least interesting thing going on...when...the Germans are going to invade any day now,...who gives a damn that a body is found in an English country house?..."

Horowitz did his homework too, reading several books an episode to get all the period details just right. I hadn't realized that a World War II background is the most expensive to film; this meant that he had to fight (pardon the expression) to realize it on film. Plus of course he couldn't "shoot" in London—too much of it had been bombed and rebuilt—hence the countryside locale. Of course, Hastings is the go to place if you're looking to invade England—1066 and all that! So it was a natural choice.

Then there are the four actors in the main roles—each one a delight. First, Kitchen himself. My main memory, when we're not watching, has always been of Foyle's face. As an older person, I have become more and more intrigued by the lines and furrows of time, the map of aging, and by the complexity of older people's emotional responses as reflected in these landmarks. I was delighted to find that Kitchen shares my interest. According to Horowitz, "Michael...is the only actor I've ever worked with who says, 'Give me less lines'....he's much more interested in saying

less and doing more just with his eyes, with his face, with silence.” Horowitz goes on to say that he had to learn to adapt his writing accordingly.

It’s the interplay among the four, something that can only ripen in an ongoing series, that makes for the rich development of these characters. In particular the chemistry between Foyle and Samantha Stewart (Honeysuckle Weeks), his driver, helps. Sam, as she is known in the series, is a joy to watch, and the bittersweet—they are too far apart in age and station for a romance—tension between them tugs, especially when we have to watch him watch her with a potential young beau.

The other two are Paul Milner (Anthony Howell), who loses his leg in the Norway Campaign early in the War, and Andrew Foyle (Julian Ovenden), Christopher’s son and a fighter pilot. Foyle recruits Paul, awash in self-pity in his hospital bed and at risk of a life of terminal bitterness, to help at the police station. Andrew brings all sorts of romantic and war-related complications to the plots.

I say all this from the grand vantage point of having just finished the fourth episode. We are still in 1940, so I can’t give much away, even if I want to! Horowitz anchors each episode with a time and an event, which gives each a larger background. I’ve learned a great deal, and look forward to three more years of corpse-punctuated lessons. The biggest thing I am taking away so far is the enormous effect the War had on everyone’s life. This is an inadequate way of putting it; actually, it’s more like all the characters are suspended in the soup of the War. Even the crimes, at least in the first four episodes, are inextricably bound to the War. I don’t want to give anything away, but the motives spring from this background.

Then too, there’s lots happening with the name Foyle’s War. Apparently, in the 40’s the big question was, “How was your war?” According to Horowitz, “I knew it was going to be ‘somebody’s War.’” As to who, Horowitz liked the “double play” of the war being Foyle’s war experience as well as “his own personal war...against crime as much as anything else.”

But Foyle has other rich associations for Horowitz. He enjoyed the famous Foyle’s Bookshop in London, which was owned, not surprisingly, by Christina Foyle, and which is a sort of time capsule. Finally, there is Foyle’s role—to foil crime.

However, I’ve also wondered about another meaning of foil: “anything that serves by contrast of colour quality to adorn another thing or to set it off to advantage.” (OED) Kitchen as Foyle performs in this way with the other characters. They shine in their interactions with him, as his laid back style burnishes their luster.

Finally, Foyle also functions as a measure of others’ worth. His character is the gold standard, and at least in these first episodes, you can see other people’s metal based on their relating to him. This is not unusual in a detective story, but it is refreshing to have a normal person as the central figure rather than a damaged, neurotic centerpiece (Have I been seeing too many Monk episodes?).

All I can say is, it may be slow to start, but if you give it a chance, you will find its tendrils wrapped around your heart... Netflix has it...check it out.

Guess What Happens to Your PsychoEd Reports? Patricia Holden, M.A.

Bottom line: they get filed in the “confidential” file cabinet, either in the office confidential files or in the learning or resource specialist’s files.

How many hours do you spend on psycho-educational evaluations? The testing, the analysis, and the parent meeting add up. Your expertise with the data, your patience reconciling the contradictory data comparisons, the thoughtful interpretation of the various instruments, plus the careful proofreading and corrections all contribute to an incisive, albeit time-consuming effort. Psychologists are skilled social analysts, and you are also versed in the fine art of writing to a sensitive, vulnerable audience.

So where do these masterful tomes end up? From my years of experience working in both public and independent schools, the learning or resource specialist will be charged with reading and implementing your reports. School professionals start with the recommendations page; it is not uncommon that they skip the quantitative data along with your thorough discussion of instruments and findings (often they have not been trained in tests and measurements). The recommendations are then distilled into the school’s learning profile or individualized educational plan (IEP). After that your report will be stored in the school’s confidential file, rarely surfacing again.

For educators, the most important parts of the report are your recommendations. These are guidelines for the school, the teacher, the learning specialist, and the counselor. After reading dozens of evals over the years, I have found the recommendations of all reports to be virtually identical, regardless of the reputation and expertise of the evaluator. It is unfortunate that, although your testing has outlined a unique, comprehensive profile of the student, rarely are recommendations individualized. While the prose, the theoretical foundations, and specific referrals may differ between evaluators, the *action needed* usually boils down to the standard accommodations: extended time, laptop, quiet study space, ed therapy and/or psychotherapy, or use of a favorite program (FastForward, Lindamood-Bell, etc).

A student’s life is at school; that is where your findings must be implemented. But how do we design an integrated educational treatment plan? Is it possible that your acute insight and depth of understanding can make a difference in the school experience of this young student: instilling a positive persona, teaching to neurological strengths, preventing an expectation of failure? How do we eschew cookie cutter recommendations in favor of customized strategies that teachers will adopt? How do we combat the cynicism and “business as usual” at the schools?

I have seen the divide between educators and psychologists bridged. By partnering with schools, either directly or indirectly, a greater depth and individualization is achieved. How? By crafting recommendations that reflect not only your test findings, but which are also consistent with classroom curriculum and an individual school’s methods and culture, and which generate ideas compatible with the educational practices that the teacher enacts within the classroom.

How many evaluators have worked in schools or taken education courses? Probably not many. When was the last time you discussed pedagogy with your peers? Probably not recently. Schools, however, are charged with the building of language and mathematical skills and choosing curricula. The end result of a skillful program is a student who achieves in school and experiences authentic

self-regard. Actively involving yourself with teachers and classrooms, discussing how your findings translate into classroom practices, individualizing strategies, designing and monitoring behavior plans at home and at school: these are the ways in which your testing influences the life of your young client.

Yet, it is usually only the early career psychologists and psychiatrists building their private practices who have the time to become directly involved with learning specialists, the conduits to teachers. This is for good reason: teachers and school personnel can seem less than receptive to evaluators because they do not have time to meet and talk, and thus can be unresponsive to even the most engaging therapist. Meetings cannot be held during the school day; they must be after or before school. Both sides may be reluctant to extend an already exhaustive workload. Allotting enough time for consultation with teachers, working with them to translate your findings into classroom techniques, and following up on an individual's progress can be daunting. Communication can be tricky: suggesting that classroom practices require change, or that the individual needs of one student should override the needs of the group as a whole, is likely to be disregarded.

Many psychologists refer parents and families to educational therapists, who work privately with students. By and large, educational therapists understand the overall test findings and are skilled in developing strategies for the student. But their good work is usually confined to private practice; rarely does it impact the student's experience *in the classroom* where the majority of a student's day is spent.

One solution that some psychologists have adopted is collaborating with an educational consultant who can integrate the psychologist's findings in real-time with teachers in the classroom. Ideally this is someone trained in learning disabilities and clinical psychology, someone who understands tests and measurements, and who is experienced with schools. Sub-contracting with an educational consultant during the achievement-testing end of the evaluation will individualize your recommendations and make them curriculum compatible. An alternative is to bring this professional in after the testing is completed and include him or her in the parent meeting portion. A solid consultant will fully engage with you on the data, translate your findings, and then work with you, parents, and teachers to integrate an educational treatment plan.

When looking for an ed-psych consultant, find one that has spent some time in schools working with teachers, navigating the land mines, and preventing the "shutdown response" often experienced from schools. You want someone who "gets" teachers and school systems, who is familiar with the individual schools corresponding to your client base, and knows how these political systems work. A respectful ed psych professional "speaks the teachers' language" and eases their load. Experienced consultants offer curriculum materials, diagnostic instruments, and dialogue with teachers and specialists.

The good news is that more students are being identified at an earlier age. Research demonstrates that remediation, even prevention of learning disabilities, can be effected in elementary classrooms. The key is moving findings from the lab classrooms into the real classrooms. An integrated, collaborative approach that brings educators and clinicians together offers us the best hope of success.

Patricia Holden M.A. is an MCPA member, a licensed family therapist (LMFT 13146) and educational consultant working with students and schools. Learn more about her work at www.edlightenment.com.

ANNOUNCEMENTS

**Marin County Psychological Association
Invites You to Attend a Soirée Talk**

**New Approaches to Psychiatric Diagnosis
and Implications for Medication Treatment
with Mark Schiller, M.D.**

Date: Friday, June 20, 2008

Time: 7:00 PM to 9:00 PM

Location: TBA

The DSM psychiatric diagnostic system is composed of phenomenological descriptions that overlook obvious biological heterogeneity, which may largely explain lack of response to psychiatric medications. New technologies provide the hope of defining biologically valid diagnoses and may improve the effectiveness of psychiatric medication treatment, by directly identifying abnormal brain physiology and the medications that will correct these abnormalities. Dr. Schiller has been in the forefront of research and development of this innovative approach to psychiatric diagnosis and treatment.

Mark Schiller, M.D. is Associate Clinical Professor of Psychiatry at UCSF and is in private practice in Marin County and San Francisco.

Please RSVP to Claudia Perez drclaudiap@gmail.com

Include the number of people attending.

RSVP must be received by Monday, June 16th

Please call Claudia Perez at 415.453.8567 for additional information.

MCPA Soirées are for MCPA members only.

To become an MCPA member, contact Membership Chair Dan Kalb (415) 898-9015, x: 525, or visit our website: www.marincountypsych.org

**Marin County Psychological Association
Invites you to attend a Dinner/Speaker Meeting**

**Infertility and Collaborative Family Building with Donors and Surrogates:
Psychological, Medical, and Ethical Considerations
Madeline Licker Feingold, Ph.D.**

Date: Friday, May 2, 2008

Time: Social 6:00/ Dinner 6:45 PM/ Speaker 7:30 PM

Location: San Rafael Joe's, 931 Fourth St., San Rafael

Infertility produces a monumental life crisis that affects one in ten couples and often provokes feelings of depression, low-esteem, anxiety, and shame. Psychologists play a crucial role in treating the emotional consequences of infertility. Technological advances have challenged psychologists to develop and define our roles in helping couples build healthy families with the assistance of egg and sperm donors and gestational surrogates. Participants will learn about psychological interventions to help infertility patients, medical aspects of infertility, screenings and consultations involved in collaborative family building, and ethical issues regarding reproductive psychology.

Madeline Licker Feingold, Ph.D. has been a clinical psychologist in Alameda and Contra Costa Counties since 1985. She specializes in the psychological aspects of reproductive medicine and is the Director of Psychological Services at Alta Bates In-Vitro Fertilization Program.

Please RSVP by sending in the coupon below
along with your check made out to MCPA.
RSVP and checks must be received by April 28th
Please call Claudia Perez at 415.453.8567 for additional information.

MCPA Members: \$35 MCPA Student Members: \$30 Non-Members: \$45
(We will not be sending letters of confirmation.)

2CE hours are available for psychologists through the co-sponsorship of the Spiritual Competency Resource Center. Spiritual Competency Resource Center is approved by the American Psychological Association to offer continuing education for psychologists. SCRC maintains responsibility for the programs. For complete CE information visit www.spiritualcompetency.com or contact David Lukoff, PhD at (707) 763 3576. Administrative cost is \$15. Make your check payable to SCRC. It will be collected at the event.

Marin County Psychological Association Dinner/Speaker Meeting, May 2, 2008

Name _____ **Phone:** _____

Number of Persons _____ **Amount Enclosed** _____

Meal Choice: Roast Sirloin ____ **Chicken Piccata** ____ **Cannelloni** ____

Mail to: Claudia Perez, Ph.D. 905 Sir Francis Drake Blvd. "F", Kentfield, CA 94904

COMMUNITY OUTREACH AND COLLEAGUE SUPPORT / EDUCATION

SECOND ANNUAL DISASTER MENTAL HEALTH WORKSHOP

SAVE THE DATE!!! Saturday, June 14th from 9 AM to 1 PM will be the Second Annual Disaster Mental Health Workshop. This year will focus on what to do when situations occur that are individual or personal hard times – going over writing the professional practice will, what to do if the earthquake hits and you are doing therapy with a client, etc. Basic ways of dealing with a natural disaster (floods, fires, earthquakes, flu, etc.) will also be covered. The Corte Madera Fire Department will help by teaching you how to actually put out a fire in their parking lot plus making sure that you understand how to turn off water and gas in an emergency. Even if you think you know how to do all the above, it is vital that you get hands-on training every year so that in an actual emergency, you will just automatically respond. More details later. It will be held at the **Corte Madera City Counsel Chambers**. Hope to see you there.

RED CROSS DISASTER VOLUNTEER MEETING
Tuesday, April 29th

- We will have a **functional lead meeting** from 6pm-6:45pm **Food/drinks** will be provided from 6:45 - 7:30pm in the spirit of volunteer appreciation week for all Marin volunteers—H&S, Preparedness, Disaster, etc.
- **Disaster Meeting** will begin at 7:30pm—agenda to follow

Tessa Shvedoff (formerly Burns)
 Disaster Manager
 American Red Cross Bay Area Chapter
 712 5th Avenue
 San Rafael, CA 94901
 (415) 721-2379 (Direct)
 (415) 694-9039 (Mobile)
 (415) 721-2377 (Facsimile)
tessas@usa.redcross.org
www.redcrossbayarea.org

CLASP
 ~ CPA's Colleagues Assistance and Support Program ~
<http://www.cpaclasp.org>

Do you have an event or presentation which supports Wellness and Self Care, and helps establish genuine and meaningful relationships amongst MCPA members? Contact MCPA President Beth Cooper Tabakin, Ph.D. at 415.459.7707. To become a CLASP provider and work with other psychologists in your practice, or to find out more about CLASP contact CPA **CLASP Chair, Dani Beckerman, Psy.D. at 831.426.4735 or email Dani at dani_beckerman@yahoo.com**. For materials on self care and resiliency, educational programs, or referral to a psychologist or community resource:

Call CPA CLASP confidential I&R line: 888.262.8293.

ADVERTISEMENTS

Therapy Groups for Therapists

On-going since 1984. Long-term psychodynamic orientation. Open to mental health professionals and trainees. Current openings, Mornings, San Francisco and San Rafael, Led by **Art Raisman, Ph.D.**, Licensed Psychologist (PSY7795); Assistant Clinical Professor, UCSF Dept. of Psychiatry; Past President, Northern California Group Psychotherapy Society, **415-453-4271**

Adult Psychotherapy Groups

On-going since 1990. Long-term, Psychodynamic, for men and women. Current openings, Evenings, San Francisco. Led by **Art Raisman, Ph.D.**, Licensed Psychologist (PSY7795); Assistant Clinical Professor, UCSF Dept. of Psychiatry; Past President, Northern California Group Psychotherapy Society, **415-453-4271**.

Support Group Starting for Parents of Teenagers

For information, see flyer: <http://www.well.com/user/jbk/adobeflyer.pdf> or contact **Jonathan Kopp, Ph.D.**, by phone (415) 389-0235, or email drjkopp@gmail.com.

Consultation

Jonathan Kopp, Ph.D., is offering consultation on child or adolescent cases, including cases with complex issues of resistance, parenting difficulties, differential diagnosis, or intervention strategy. Contact at (415) 389-0235 or drjkopp@gmail.com.

Consultation for Therapists on Psychotic and Personality Disordered Process In Work with Adults

Therapists often encounter difficulties when working with clients who manifest psychotic-spectrum symptoms and severely disturbed patterns of relating. **Philip M. Alex, Ph.D.** offers private consultation on understanding and working more effectively with perplexing symptoms, hard-to-comprehend verbal/imaginal content, transference-countertransference impasses and on managing intense emotional experiences while working with such clients. Informed by extensive training and experience in this area including over 15 years of long-term depth psychotherapy work with severely disturbed adult clients at the Boyer House Foundation. **Philip M. Alex, Ph.D.**, Licensed Psychologist (PSY12556), San Rafael, 415.457.6234

Community Institute for Psychotherapy

**1330 Lincoln Avenue # 201
San Rafael, CA 94901
(415) 459-5999 x 101**

Part-time Position Available: Assistant Clinical Director

Assistant Clinical Director for Community Institute for Psychotherapy, San Rafael, begins September 2008 (with some meetings and training beginning upon hire). Licensed Psychologist or MFT; must have previous experience doing group supervision. Responsibilities include: group supervision of interns and supervisors; oversight of special programs; and, with other staff, plan and conduct trainings for interns and supervisors, as well as community education programs. Hours, Wednesday 9-1PM, twice monthly Fridays between 9-12PM; average 8 hours per week. Long-term commitment. Looking for someone with passion for teaching and training interns! Please email resume to rjberensoncip@aol.com

Rock'n Benefit Features Fifties Style Fun

Put on your high-heeled sneakers for a fabulous trip back to the 1950s at the Community Institute for Psychotherapy's **Rock'n Rendezvous** on Saturday, May 3, from 6:00 to 9:30 pm at Checker's, Marin's Exclusive Destination. Enjoy fine food, complimentary wine tasting and spirits, live and silent auctions of unique gift packages, and a night of classic rock'n roll music. All proceeds support low-fee services for children, teens, families, and couples in need. Tickets are \$125 and space is limited, so reserve yours now. Contact (415) 459-5999 ext. 101, or online at www.cipmarin.org.

CIP Adult Therapy Groups:

Self in Relation Therapy Group will meet on Tuesdays, 6:00 – 7:30 pm. This ongoing therapy group explores how to improve and deepen diverse types of relationships. It is open to all individuals who are currently single or partnered. 10-week initial commitment. Fee based on a sliding scale. Group will be lead by **Shelly Bullard** and **Margot Holdstein** under the supervision of **Lynn Ireland, Ph.D.** (License #: PSY10925).

Psychotherapy Group for Women is now forming. It is a group for women who are dedicated to personal transformation and self-expression. This group will meet on Wednesdays 4:00 – 5:30pm., and will be co-led by **Sandra Ally** and **Liza Chapman** under the supervision of **Lynn Ireland, Ph.D.** (License #: PSY10925). Interviews now, 10-Week initial commitment.

Call (415) 459-5999 ext. 450 for an interview.

Founded in 1977, CIP is a nonprofit, 501(c)(3) organization providing sliding scale mental health services to more than 700 families, children, and couples each year.

For a full schedule of our 2007-2008 offerings, to register, or to become a CIP member, visit www.cipmarin.org or phone (415) 459-5999 ext. 101

**Family Service Agency of Marin
Psychotherapy Groups**

PACE – Harm reduction group for dually diagnosed adults.

WOMEN’S RECOVERY – Support group for women in recovery.

SPANISH SPEAKING MEN’S RECOVERY – Support group for Spanish speaking men in recovery.

MIND OVER MOOD – CBT based group to address depression, anxiety, anger and substance abuse issues.

DIALECTICAL BEHAVIOR THERAPY – Group combining CBT and Eastern mindfulness practices for adults who have difficulty with emotional management, frequent crises, or self-injury.

SURVIVORS OF SUICIDE – Support group for survivors of suicide.

AGESONG – Group to enliven the search for deeper joy and satisfaction in the later years.

SPANISH SPEAKING PARENT – Support and psychoeducation group for Spanish speaking parents.

CHILD AND ADOLESCENT – Social skills groups for boys and girls coping with trauma.

CHILDREN OF SEPARATED OR DIVORCED PARENTS – Art therapy group for children.

GREAT START – Group for pregnant and new mothers.

For more information contact Diane Suffridge, Ph.D., 415-491-5700

**NCGPS Annual Training Conference at Asilomar
11 CEU’s for psychologists.**

Northern California Group Psychotherapy Society’s annual training conference takes place June 6-8, 2008 in Monterey at the Asilomar Conference Center. This is an excellent opportunity to train with expert clinicians with a wide variety of orientations. This year 18 groups featuring psychodynamic, Jungian, psychodrama and creative therapies will be offered for both experiential and cognitive learning. A special presentation by Playback Theater will be offered Friday evening. For registration and housing fees, see brochure on our website: www.NCGPS.org .

For more information, contact Daisyreese@hotmail.com
or Margaret Johnstone 925-284 8566.

Pre-Licensing Workshops through PGSP
www.PGSP.edu

The **Pacific Graduate School of Psychology (PGSP)** is conducting five pre-licensing workshops in the summer of 2008 that are part of the requirements for obtaining licensure in California. They are not available for Continuing Education Units. The cost to PGSP students, faculty and alumni is \$100 for each workshop. The cost to non-PGSP affiliates is indicated below and if you register for all five programs, you will receive a 20% discount on the total cost of the workshops.

All workshops will be held at PGSP, 405 Broadway St., Redwood City, CA 94063-3133 in Classroom #1.
Contact Liz Hilt at 650-421-4818 or ehilt@pgsp.edu to register and for more information.

Spousal or Partner Abuse: Assessment, Detection, and Intervention (15 Hours)

\$315 - Allison Briscoe-Smith, Ph.D.
Part I – Thursday, June 26 from 9:00 a.m. – 5:30 p.m.
Part II – Friday, June 27 from 9:00 a.m. – 5:30 p.m.

Child Abuse: Assessment and Reporting (7 Hours)

\$185 - Allison Briscoe-Smith, Ph.D.
Friday, July 11 from 9:00 a.m. – 5:00 p.m.

Substance Abuse Detection and Treatment (15 Hours)

\$325 - Douglas L. Polcin, Ed.D., MFT
Part I – Thursday, July 17 from 9:30 a.m. – 5:30 p.m.
Part II – Friday, July 18 from 9:30 a.m. – 5:30 p.m.

Ageing and Long Term Care (10 Hours)

\$200 - Rowena Gomez, Ph.D.
Part I – Friday, July 25 from 9:00 a.m. – 4:00 p.m.
Part II – Saturday, July 26 from 9:00 a.m. – 1:00 p.m.

Human Sexuality (10 Hours)

\$265 - Adam Zimbardo, M.A., M.F.T.
Part I – Wednesday, July 30 from noon – 6:00 p.m.
Part II - Thursday, July 31 from noon – 6:00 p.m.

Office Space

Free advertisements are available to MCPA members in the sections "Office Space Wanted" and "Office Space Available". Each free advertisement must include your name, be no more than four lines of text in 12pt, Times New Roman font, and be emailed as an MS Word (.doc) attachment to MCPAnewsletter@verizon.net . *Free "Space Wanted and Space Available" ads placed by MCPA members will continue to run in all subsequent newsletter issues until the editor receives a request to cancel the ad.* Larger office space ads and all other ads continue to require payment according to the existing schedule described at the end of each newsletter.

Office Space Wanted

Kentfield, Corte Madera, Greenbrae, or Larkspur areas. Looking for full-time office in suite with shared waiting area. I am a well established clinical psychologist in Marin County in practice over 30 years, and specialize in adult and couple therapy. Office can be on the medium to small size. Jeffery Martin 415-461-3175 (leave voice mail).

Office Space Available

Corte Madera: Offices for Mental Health Professionals in Corte Madera. Three offices available. Fully sound proofed, free parking, kitchen, beautifully appointed waiting room. Call Judy: 415-927-7213.

Corte Madera: Psychotherapy Office Available Full-Time. Large Office in 3-office suite includes built-in bookshelves. Shared waiting room with signal lights & kitchen/storage area. Monthly rent \$960 including utilities, available furnished for additional cost. Call Diane A. Suffridge, Ph.D., 415-491-5708.

Corte Madera: Office to sublet (\$150 per day) or to share (\$300 + ½ utilities for 2.5+days). All days except Tuesday negotiable. Beautifully furnished, modern office and waiting room. Signal lights & kitchen/storage area. Ample off-street parking. Convenient to 101 and bus routes. Wheelchair accessible. Gail Matthews, 927-2511.

Mill Valley at 650 E. Blithedale Ave. A suite: 3 offices and waiting room. Available Monday through Friday. Beautiful location, easy freeway access and parking. Randy Rand, Ed.D. (415) 383-9586.

Central Novato: Office space available in suite of multidisciplinary psychotherapists. \$150.00 per month for full day each week, \$85.00 per month for half-day each week. Newly renovated suite with waiting room, voice mail, copier, kitchenette, in-suite bathroom, handicapped-accessible. Beautiful location, surrounded by open space. Call Dan Kalb, Ph.D. (415) 898-9015, ext. 525.

San Rafael: Office space available for sublease Thursday, Friday, and/or Saturday on second floor in professional building. Reasonable rent. Convenient highway access. Best for work with individuals. Windows face quiet side street. On-site parking. Elevator. Call 415-789-9113.

Central San Rafael: Spacious, comfortable, sunny office available. Suitable for work with adults, children and groups up to eight people. Share waiting room with one other office. Private inside bathroom and on site parking. \$160/month. Sublet Monday all day, January through December, 2008. Call Marjorie Walters (415) 457-9192.

Central San Rafael: Share furnished office in two office suite with waiting room. Available 1-3 days per week. Sunny, convenient location with on-site parking, central HVAC and easy access. Call Jonathan Marlowe for further information at 457-1629.

Central San Rafael: Sublet full time Fri, Sat, &.or Th 8AM to noon. Reasonable rent. Best for work with individuals or couples. Professional building and office remodeled and tastefully furnished. Private waiting room shared with another office. Parking onsite for therapists and clients. Wheelchair and highway access. Call Suzanne 415-789-9113.

North San Rafael: Two attractive psychotherapy offices--one fulltime (share lease at \$576), the other part-time (at \$150 per day). Phone room, waiting room, utilities included. Easy access to 101, transportation. Congenial colleagues. Call Sue Hulley, Ph.D. at 331-9543.

San Francisco. Large Pacific Heights office for Sublet available on Tuesdays, Fridays and Weds evenings. Great location on Sacramento and Fillmore. High ceilings, new carpets, sunny full kitchen and eating area, separate staff and patient restrooms, and coded entry system. Nicely furnished. \$225 per full day. Please call Mark Sexton, Ph.D. for more information (415) 675-9970.

From the Editor:

Submission Guidelines and Advertising Rates

The *Marin County Psychological Association* Newsletter is published electronically bi-monthly and welcomes articles and opinions related to the practice of psychology.

Please submit your advertisement and /or article as an email attachment in MS Word to

MCPAnewsletter@verizon.net

Payment for advertisements must be by **check made out to MCPA.**

Please send to arrive by the deadline to:

Laura Cabanski-Dunning, Ph.D.

P.O. Box 1863

Novato, CA 94948-1863

Rates for Advertisements:

Size	MCPA Members	Non- Members
1/8 Page	\$ 15.00	\$ 30.00
1/4 Page	\$ 30.00	\$ 50.00
1/2 Page	\$ 50.00	\$ 75.00
Full Page	\$ 100.00	\$ 150.00

15% discount for ads of 1/2 to a full page which run three editions in a row.

Deadline for June newsletter submissions: Friday, June 20th, 2008

**FREE ANNOUNCEMENTS IN THE MCPA NEWSLETTER FOR COMMUNITY OUTREACH
AND FOR (No-Fee) COLLEAGUE SUPPORT / EDUCATIONAL ACTIVITIES**

Please email announcements as MS Word (.doc) attachments to

MCPAnewsletter@verizon.net